ONE NIGHT I DREAMED I WAS WALKING ALONG THE BEACH WITH THE LORD

One night I dreamed I was walking
Along the beach with the Lord,
Many scenes from my life flashed across the sky.
In each scene I noticed footprints in the sand.
Sometimes there were two sets of footprints.
Other times there was only one.
This bothered me because I noticed
During the low periods of my life when I was
Suffering from anguish, sorrow or defeat,
I could see only one set of footprints.
So I said to the Lord, You promised me,
Lord, that if I followed you,
You would walk with me always.
But I noticed during the most trying periods
Of my life there has only been
One set of prints in the sand.
Why, when I needed you most,
Have you not been there for me?
The Lord replied,
The times when you have seen only one set of footprints
It was then that I carried you.